OLATHE NORTHWEST RAVENS

Olathe Northwest High School Olathe, Kansas 66061

21300 College Boulevard 913-780-7150





RAVEN SUMMER CAMPS – INFORMATION AND FREQUENTLY ASKED QUESTIONS

BASEBALL

COACH RICK SETTER

Monday, June 11th - Thursday, June 14th

(8:00am-10:00am) Grades K-8; (11:00am-1:30pm) Grades 9-12

COST: \$65 to "Rick Setter"

www.onwbaseball.com

Campers should wear t-shirts, shorts/sweats, cleats. Campers should also bring their own bat and glove. Each camper gets camp t-shirt. Camp focus is on development of basic baseball fundamentals. This includes hitting techniques, and position specific fundamentals with a special emphasis on <u>safety</u>. Youth camp emphasizes building a better athlete through age-appropriate activities. The morning camp will be split into three groups. Youth campers will have a choice based on skill level. Email Coach Setter at rsetteronw@olatheschools.org

BOY'S BASKETBALL

COACH MIKE GROVE

Monday, June 4th - Friday, June 8th

(8:00am-10:00am) Grades K-5; (10:30am-12:30pm) Grades 6-8

(2:00-4:30pm) Grades 9-12

COST: \$75 to "Coach Mike Grove"

The focus camp is on fundamentals and self-improvement. Our camp will emphasize the basics of sound basketball techniques in the areas of shooting, dribbling and passing. Instruction will also focus on team defense and motion offense. Each participant will also experience one on one competition, 2 on 2 competition and team games. Specialized 8' goals will be used for the younger age groups. The Junior-Senior High session will have a specialized emphasis formulated specifically for the Junior-Senior High athlete. Campers should wear t-shirts, shorts/sweats, and tennis shoes. Each camper gets camp t-shirt. Scholarships available. Email Coach Grove at mgroveonw@olatheschools.org

GIRLS BASKETBALL

COACH JOEL BRANSTROM

Monday, June 11th - Friday, June 15th

9:00-11:00am FUNdamental Youth Camp (Recommended Grades 2-5+): 12:00-2:00pm Advanced Youth Camp (Recommended: Grades 5-8)

COST: \$75 (Checks made out to "Joel Branstrom")

Our goal is to challenge/ enhance the fundamental skills and love of basketball. Our Morning Session offers campers solid fundamental skill development in a fun, highlystructured, motivating environment where they can gain confidence through hard work. In an effort to elevate and advance the skills of older/ advanced players, the Afternoon Session will run with the intensity and structure of a high school practice, but will include fun and competitive skill building activities. Each camper, from either session, gets a Raven basketball and T-shirt. Scholarships available. More Info:Email jbranstromonw@olatheschools.org.

CROSS COUNTRY

COACH TIM BARNES

Tuesday, May 29th - Friday, June 1st (8:00am-10:00am) Grades 7-12 COST: \$30 to "Tim Barnes"

Camp focus is on fostering relationships and learning about distance running. Campers should come dressed to run: running shoes, shorts, shirt, & water bottle to stay hydrated. Campers do not need to have any type of a "distance" running experience to attend; all levels of athletes are welcome. Your running distance will be determined by your current fitness level coming into camp. When you leave this camp, you will understand the importance of base building and how it can help eliminate injuries and improve performance. Campers receive T-shirt and a training plan. Email Coach Barnes

TRACK AND FIELD

COACH DAVID EWERS

Monday, June 25th - Thursday, June 28 (9:00am-11:00am) Grades K-8 COST: \$50 to "David Ewers"

The Raven Track and Field camp is intended to teach young athletes the proper technique in warm-up, running technique, and plyometrics that will assist them in all sports. In addition to these activities campers will be introduced to 2 specialty field events each day. Campers are expected to wear running shoes and workout gear each day. The camp will be fun, and will conclude with a Raven Olympics on the final day! Email Coach Ewers at dewersonw@olatheschools.org.

WRESTLING

COACH STEVE MESA

Tuesday, June 19th- Thursday, June 21st (3:00-4:00pm) Grades 1-6; (5:00-6:30pm) Grades 7-12 COST: \$50 to "Steve Mesa - Raven Wrestling"

Big or small, short or tall, there's a place in Raven Wrestling for you! Campers should bring CLEAN workout gear, socks, and wrestling shoes. If you don't have wrestling shoes you are still encouraged to attend! We will focus on basic technique, positions, live wrestling and most important, FUN! Wrestlers of all abilities and skill levels are encouraged to attend. Email Coach Steve Mesa at smesaonw@olatheschools.org.

FOOTBALL

COACH TODD DAIN

Tuesday, May 29th - Friday, June 1st

(8:00am-10:00am) Grades 1-8; (10:00am-1:00pm) Grades 9-12

COST: \$65 to "Raven Football Camps"

www.onwfootball.com

Non-contact camp: campers should wear t-shirts, shorts, and cleats. Campers get Tshirt, DVD, and prizes. Camp includes Punt Pass and Kick Competition. Both camps focus on fun and the development of basic football fundamentals with a special emphasis on safety. Although the JH session will be held in conjunction with the youth sessions, younger athletes will participate in separate age-appropriate activities; Scholarships available. Contact Coach Dain: 913-484-0398; Email: tdainonw@olatheschools.org.

SOFTBALL

COACH MARK MAHONEY

Tuesday, May 29th - Friday, June 1st

(8:00am-10:00am) Grades 3-7; (10:30am-12:30pm) Grades 8-12

COST: \$65 to "Coach Mark Mahoney - Summer Softball Camp"

Campers should wear t-shirts, shorts/sweats, cleats. Campers should also bring their own bat and glove. Each camper gets camp t-shirt. This camp features a strong emphasis on the development of basic softball fundamentals including hitting, and position-specific fundamentals with an emphasis on safety. Youth campers will participate in separate and age-appropriate activities specifically designed for them. 7th graders may choose this camp or the JH/HS camp depending on skill level! The JH/HS camp will have a specialized emphasis formulated specifically for the junior-senior high athlete. Call Coach Mahoney:913-433-6585 or Email: mmahoneyonw@olatheschools.org

VOLLEYBALL

COACH TBA

Monday, June 18th- Friday, June 22nd ~COST: TBA Sessions and Times all TBA

Volleyball Camps reinforce objectives to build a love of the game of volleyball, sound fundamental skills, & team concept. We want to provide a positive experience for each athlete that will make her both a better individual and team player while grouping players by both age and ability level to assure that they get the highest quality instruction possible. Camp focus is on skill instruction & drills with some competition time. Email AD Jay Novacek at inovacekonw@olatheschools.org or call 913-780-7150.

COACH CHRIS GRAHAM

Tuesday, June 19th - Thursday, June 21st

K-3rd Grade: 9-10:30 am 4th-8th Grade: 11:00-12:30

Cost: \$50 to "Kansas Soccer Solutions"

The Raven Youth Academy focuses on improving individual skills within an environment that promotes enjoyment of the game. Our staff is dedicated to making each participant a better player by exposing them to a variety of drills and scrimmages to develop individual skills and tactics such as dribbling, passing, receiving, finishing, and game principles. Current and former ONW soccer players, as well as the ONW Soccer Staff, will be on hand to assist in all activities. All players participating in the Raven Youth Academy are expected to wear shin guards. Each participant will receive a t-shirt. Email Coach Chris Graham at cgrahamcst@olatheschools.org or call 913-226-2088

COACH MIKE GROVE

Monday, June 25th - Friday, June 29th (10:30-12:00pm) Grades 3-6 (12:30-2:30pm) Grades 7-12 COST: \$75 to "Coach Mike Grove"

Golf Camp focus is on fundamentals and self-improvement with an emphasis on the basics of sound golf techniques. Participants will be instructed in the areas of grip, stance, set-up and swing. Concentration will also be placed on chipping, putting, iron and wood play. Golf course management and hole play will be introduced. Campers should bring clubs, hat and water bottle. Camp will be held at Smiley's Golf facility at 10195 Monticello Terr. Email Coach Grove at mgroveonw@olatheschools.org

CHEERLEADING

COACH CHRISTY LEMANSKE

Tuesday, May 29th - Friday, June 1st (8:00am-10:00am) Grades K-8 COST: \$65 to "Christy LeManske"

Campers should bring a water bottle and wear sunscreen, t-shirt, shorts, and tennis shoes. Each camper gets t-shirt. Camp will feature a strong emphasis on the development of basic cheering fundamentals with a special emphasis on safety Although the camp ages range from grades K-8, group sessions will be in conducted in different field areas and campers will participate in separate, age-appropriate activities. Email Coach LeManske at clemanskeonw@olatheschools.org or call 913-780-7150.

2012 RAVEN SUMMER CAMPS REGISTRATION FORM

Please complete one form per camper --- form may be copied. Return completed form with payment(s) to:
Raven Summer Camps • Olathe Northwest High School • 21300 College Boulevard • Olathe, Kansas 66061

C/O the name of the appropriate coach(es).

| Participant's Name | Phone () Grade 2012-2013 | |
|---|--|-------------|
| Address_ | | |
| Street | City State Zip | |
| Parent Name | Emergency Phone() | |
| E-mail Address | y , (, | |
| T-Shirt Size (circle one) WAIVER STATEMENT: The undersigned states that He/She understands that the Summer illness, or injury to person or damage to property resulting from participating in said progra hereby forever release and holds harmless the said Summer Camps, its employees, agents their respective heirs, executors, administrators, or assigns may have or claim to have resulting HAVE READ AND UNDERSTAND THE WAIVER STATEMENTS. | m, and the participant and the undersigned, if the participant is a minor or under lega and representatives from any and all claims of any kind that the participant, or the unde | al disabili |
| Signature of person registering participant | Date | |
| | LID WITHOUT SIGNATURE. | |
| PLEASE CHECK ALL | THAT ARE APPLICABLE: | |
| BOYS' CAMPS | GIRLS' CAMPS | |
| | | |
| BASEBALL ~ Coach Rick Setter | BASKETBALL ~ Coach Joel Branstrom | |
| □ Session 1 – June 11-14 8:00-10:00am grades K-8 □ Session 2 – June 11-14 11:00-1:30pm grades 9-12 | □ Session 1 – June 11-15 9:00-11:00am | |
| □ Session 2 – June 11-14 11:00-1:50pm grades 9-12 | (recommend: grades 2-5+) □ Session 2 – June 11-15 12:00-2:00pm | |
| | (recommend: grades 5-8) | |
| BASKETBALL ~ Coach Mike Grove | (recommend. grades 5-0) | |
| □ Session 1 – June 4-8 8:00-10:00am grades K-5 □ Session 2 – June 4-8 10:30am-12:30pm grades 6-8 | CHEERLEADING ~ Coach Christy LeManske | |
| □ Session 2 – June 4-6 10:50am-12:50pm grades 6-6 □ Session 3 – June 4-8 2:00-4:30pm grades 9-12 | □ Session 1 – May 29-June 1 8:00-10:00am grades K-8 | |
| CROSS COUNTRY ~ Coach Tim Barnes | CROSS COUNTRY ~ Coach Tim Barnes | |
| □ Session 1 – May 29-June 1 8:00-10:00am grades 7-12 | □ Session 1 – May 29-June 1 8:00-10:00am grades 7-12 | |
| FOOTBALL ~ Coach Todd Dain | SOCCER ~ Coach Chris Graham | |
| □ Session 1 – May 29-June 1 8:00-10:00am grades 1-5 | □ Session 1 – June 19-21 9:00-10:30am grades K-3 | |
| □ Session 2 – May 29-June 1 8:00-10:00am grades 6-8 | □ Session 2 – June 19-21 11:00-12:30am grades 4-8 | |
| □ Session 3 – May 29-June 1 10:00am-1:00pm grades 9-12 | | |
| | SOFTBALL ~ Coach Mark Mahoney | |
| GOLF ~ Coach Mike Grove | □ Session 1 – May 29-June 1 8:00-10:00am grades 3-7 | |
| □ Session 1 -June 28-July 2 10:30am-12:00pm grades 3-6 □ Session 2 -June 28-July 2 12:30-2:30pm grades 7-12 | ☐ Session 2 – May 29-June 1 10:30am-12:30pm grades 8- | 12 |
| | TRACK and FIELD ~ Coach David Ewers | |
| SOCCER ~ Coach Chris Graham | □ Session 1 – June 25-29 9:00-11:00am grades K-8 | |
| □ Session 1 – June 19-21 9:00-10:30am grades K-3 | | |
| □ Session 2 – June 19-21 11:00-12:30am grades 4-8 | VOLLEYBALL ~ Coach TBA | |
| | □ Sessions – June 18-22 times TBA | |
| TRACK and FIELD ~ Coach David Ewers | | |
| □ Session 1 – June 25-29 9:00-11:00am grades K-8 | | |
| WRESTLING ~ Coach Steve Mesa | | |
| □ Session 1 – June 19-21 3:00-4:00pm grades 1-6 | | |
| □ Session 2 – June 19-21 5:00-6:30pm grades 7-12 | | |

If camper is attending multiple camps, please use this single form but write separate checks as instructed for each camp.

RAVEN SUMMER CAMPS
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21300 COLLEGE BOULEVARD
OLATHE, KANSAS 66061

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SUMMER SPORTS CAMPS



2012

MAY 29 – JUNE 29